YOUR FERTILITY JOURNEY STARTS WITH **3 EASY STEPS**





YOUR FERTILITY JOURNEY CAN START



INVESTIGATIONS

Can be done in our clinic or you can have them done in your home country.

YOUR INITIAL FERTILITY APPOINTMENT

Online or in our clinic.

CONTACT US

By secure email or phone to book your initial fertility appointment.

aasaard Where babies come true

CONTACT US - BY SECURE EMAIL OR PHONE

CONTACT US BY SECURE EMAIL

1. Login to <u>www.aagaardklinik.dk/en</u> or scan the QR-code:

|--|

2. Scroll down to the bottom of the website and click "I am a new patient".

3. Fill in your details and click "submit" (*Please remember to fill in your country code with your phone number eg. 0045 or +45)*.

4. Once we have processed your request, you will receive a code per SMS (*within a maximum of 48 hours*).

5. Click "I am already a patient", and sign in using your email address and SMS-code.

6. You will be asked to change your password. When the password is changed you can login.



CONTACT US BY PHONE

Phone number: 0045 8612 6121

Telephone hours

Monday - Friday: 08:00 a.m. to 12:30 p.m. and again from 01:00 p.m. to 02:30 p.m. Saturday: 09:00 a.m. to 12:00 p.m. Sunday: Closed

Aagaard Fertility Clinic opening hours

Monday and Wednesday: 07:30 a.m. to 05:00 p.m. Tuesday, Thursday and Friday: 07:30 a.m. to 03:00 p.m. Saturday: 08:00 a.m. -12:00 p.m. Sunday: Closed





YOUR INITIAL FERTILITY APPOINTMENT

YOUR INITIAL FERTILITY APPOINTMENT (FREE)

- The initial appointment can take place online or in our clinic.
- Your appointment takes approximately 45 minutes.
- We have available appointments Monday to Friday.
- Your initial appointment is non-binding and is free of charge.





NECESSARY TESTS/INVESTIGATIONS AHEAD OF YOUR FERTILITY TREATMENT

BLOOD TESTS/INVESTIGATIONS (can be done in our clinic or you can have them done in your home country)

- FSH and LH
- AMH
- TSH+TPO
- Prolactine
- Rubella (Blood test to check for immunity)
- Test for HIV 1+2, Hepatitis B (HBsAg), Hepatitis B (antiHBc) and Hepatitis C (antiHCV)

Please note: The laboratory where the HIV and Hepatitis tests are analyzed must be EU certified.

We need a copy of the certificate from the laboratory in order to document that they are certified with the following ISO-number: DS/EN ISO 15189 or DS/EN ISO 17125.

Swabs:

- Chlamydia
- Pap-Smear

Examination of the tubes:

• HyCoSy (Hystero Contrast Sonography) – only if considering treatment with intrauterine insemination.

After treatment:

hCG blood test

All tests must be approved by your contact doctor from Aagaard before your treatment can begin.





YOUR FERTILITY JOURNEY CAN START

YOUR FERTILITY JOURNEY CAN START

- You have had your first interview with your contact doctor from Aagaard.
- All necessary investigations are approved by your contact doctor from Aagaard.
- A treatment plan has been made and sent to you.

When you feel ready to start your treatment, please contact our secretaries on the first day of your period.

Please contact the secretaries by phone or secure email. Please contact them as soon as your period has started.

The date of the first ultrasound scan depends on your treatment plan.

Remember we are here to guide and help you every step of the way. Never hesitate to reach out. We are here for you.

We wish you the best of luck with your treatment.

leam fagaard



